



# ALMALUSA WELLNESS

## SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09am							
10:15am							FITNESS
11am						YOGA	
17:30pm					DANCES		

# ALMALUSA WELLNESS

## PRICES

### MODALITIES

### GROUP CLASSES

### PRIVATE CLASSES

DURATION	PRICE PER PERSON	MIN   MAX
45min	<b>20€</b>	7 p.   12 p.
45min	<b>20€</b>	7 p.   12 p.
90min	<b>20€</b>	7 p.   12 p.
1h30	<b>20€</b>	7 p.   12 p.

DURATION	PRICE	MIN   MAX	ADDITIONAL
1h	<b>80€</b>	up to 2 p.	20€/each additional person
1h	<b>80€</b>	up to 2 p.	20€/each additional person
90 min	<b>120€</b>	up to 2 p.	20€/each additional person
1h30	<b>80€</b>	up to 2 p.	20€/each additional person

PILATES\*

HIIT\*

YOGA

DANCES

\*Pilates and HIIT classes are the two modalities proposed within the fitness classes. Please contact Reception to find out the modality of the week.