



ALMALUSA WELLNESS

SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09am							
10:15am							FITNESS
11am						YOGA	
17:30pm					DANCES		

ALMALUSA WELLNESS

PRICES

GROUP CLASSES

PRIVATE CLASSES

Modalities

Pilates*

HIIT*

Yoga

Dances

Duration	Price per person	Min Max
45min	20€	7 p. 12 p.
45min	20€	7 p. 12 p.
90min	20€	7 p. 12 p.
1h30	20€	7 p. 12 p.

Duration	Price	Min Max	Additional
1h	90€	up to 2 p.	20€/each additional person
1h	90€	up to 2 p.	20€/each additional person
90 min	120€	up to 2 p.	20€/each additional person
1h30	80€	up to 2 p.	20€/each additional person

*Pilates and HIIT classes are the two modalities proposed within the fitness classes. Please contact Reception to find out the modality of the week.