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LIFESTYLES

MAGAZINE



SOPHIA ANNE CARUSO
OF BEETLEJUICE
CRUSHING IT ON BROADWAY

STYLE
The Heat Is On

CELEBRATE MOM
Gifts • Brunch • Travel

NEW YORK, NY
Check Your Social Calendar

HEALTH
We Are What We Eat

MOTHER-DAUGHTER GETAWAYS

GO AHEAD! MAKE HER FEEL SPECIAL

BY NORAH BRADFORD

What better way to celebrate your bond and sneak in some quality time with the leading lady of your life? To help, here are six awesome mother-daughter getaway ideas, from relaxing spa days to exploring ancient monuments and beyond.

USA

Aspen offers your mother a vacation experience that will create lasting memories for years to come. Relax and unwind at Remède Aspen Luxury Spa located at the St. Regis Aspen. Spa guests enjoy complimentary access to all Remède areas including a newly refreshed oxygen lounge, steam caves, cold plunges, hot tubs, fitness center, and waterfall. For dinner, go to chic neighborhood hotspot, *Clark's Oyster Bar* offering the country's very best oyster and caviar selections from its marble bar, freshly baked sourdough, overflowing lobster rolls, and so much more. Tap the night off with some cocktails at *Bad Harriet*, a speakeasy adjacent to the Hotel Jerome serving craft cocktails and small bites. [Info: stregisaspenspa.com](http://Info:stregisaspenspa.com); clarksaspenspa.com.

Experience absolute serenity at **Four Seasons Resort Palm Beach**. Inspired by Palm Beach's relaxed yet glamorous resort style and the heritage of the famously elegant island, the beachfront resort combines the allure of Palm Beach with the easygoing pace by the water. Recently renovated, be among the first to discover this gem on the island's widest stretch of sand. Dine at *Florie's*, the first restaurant and bar in the U.S. in partnership with three-star Michelin Chef Mauro Colagreco. [Info: fourseasons.com/palmbeach](http://Info:fourseasons.com/palmbeach).



Florida Four Seasons Palm Beach



Corinthia Hotel London

GREECE

Take your mom to a piece of Greek history at **Citta dei Niclani**, a designated ancient monument nestled on the Mani Peninsula in Kofia. The historic structure spans centuries. In fact, it's what makes this hotel so unique with open stone walls and engravings from its long history. Thankfully, modern amenities have been enjoyed by guests. In the room or in the patio, guests favor an enriched breakfast which includes fresh bread, homemade jams, the famous *lalahgia* of Mani, as well as cheese, olives, and cakes. Drinks, homemade liqueurs and various snacks can also be enjoyed during the day. Area activities include horse riding, hiking and walking. Mani has more than 20 hiking trails, with paths leading to Byzantine and ancient monuments and lovely beaches. [Info: cittadeiniclani.com](http://Info:cittadeiniclani.com).



Kofia, Greece Citta dei Niclani

ENGLAND

Celebrate at London's **Corinthia Hotel**, a luxury hotel with a unique location nestled not too far away from the Thames, the iconic structures of British government, and Trafalgar Square. *ESPA Life* is quite simply the next generation of spa and is one of the largest and most exclusive in central London, making it the ideal spot for mom to relax. The Corinthia is also a dining destination, courtesy of Tom Kerridge's *Bar & Grill*. While in London, be sure to take your mom to experience the traditional afternoon tea at *Fortnum & Mason*. [Info: corinthia.com](http://Info:corinthia.com); fortnumandmason.com.

CANADA

Located in Vancouver's historic and fashionable Yaletown, steps away from the inner harbor, entertainment, shopping, spas and twenty-five minutes from international airport, is Canada's luxurious **Opus Hotel Vancouver**. Uniquely stylish and always fresh, Opus offers guests an unmatched boutique hotel experience. The hotel features 96 guestrooms that blend contemporary design with warm vibrant colors. Experience a relaxing and rejuvenating facial treatment at *Skoah Spa* at Lower Lonsdale in North Vancouver. Finish the night at *Victor* featuring a contemporary and seasonally inspired menu highlighting a wide array of Pacific Northwest seafood and a tiered selection of specialty steaks. [Info: vancouver.opushotel.com](http://Info:vancouver.opushotel.com); skoah.com; parapanvancouver.com/restaurants/the-victor.



Vancouver OPUS



La Bastide de Gordes Gordes

FRANCE

Set atop a rocky outcrop at the heart of the Luberon in Provence, the village of Gordes offers exceptional views. At the heart of the village is **La Bastide de Gordes** which offers all the splendor of a former stately home. Carved into the very rock face of the hill, and built on 12th-century ramparts, the chateau is integrated into fortifications of the village. The fine art of receiving guests is evident throughout the rooms and suites, three of which boast private terraces. Accommodations are immaculately restored and will transport you to another era. The hotel's restaurants, *L'Orangerie* and *La Citadelle*, both feature Provençal cuisine made with local and seasonal products and also offer regional wines. Meals can be enjoyed in the vaulted dining room or on the shaded terrace with its view of the valley. The *Stisley Paris* spa offers massages and features a hot tub, massage whirlpools, a hammam, an indoor chromatic pool and a solarium. There are two outdoor pools in the gardens which are surrounded by a sun deck and offer unrestricted views of the valley. [Info: labastidedegordes.com](http://Info:labastidedegordes.com); airtelcollection.com.

PORTUGAL

The **Alma Lusa** is a boutique hotel which has garnered a number of awards and is centrally located in Lisbon's historic *Praca do Municipio*, close to the city's most famous attractions, including historical monuments, the *Terreiro do Paço* square, the *Baixa* and *Chiado* neighborhoods, not to mention the shopping boulevards, world-class nightlife and trendy restaurants and bars. The *Alma Lusa's Delizna Restaurant* features an à la carte service, boasting a wide range of Portuguese, Mediterranean and international specialties, along with a vast wine selection. A snack-bar is also available for guests craving a lighter meal or snack. *Rosario Square* is steps away from the hotel, while the *Chiado* and its famed shops and cafés are conveniently located as well. Make time for a night out at *Baturo Alto*, Lisbon's premier nightlife area. [Info: almalushotel.com](http://Info:almalushotel.com).



Lisbon Praca do Municipio